

CONTACT DETAILS:

Michelle Brogan
Service Development
Manager

michelle.brogan@
nhs24.scot.nhs.uk

+44 7964 240010

Further Information

www.sctt.scot.nhs.uk



United4Health

NHS 24/ Scottish Centre for Telehealth and Telecare

Transforming the Patient experience with telehealth in Europe..
A Scottish Perspective

What is our goal?

The overarching goal of U4H in NHS Scotland is to facilitate redesign and delivery of services for COPD, Diabetes and Congestive Heart Failure, delivering at scale services to 7,700 people living in Lanarkshire, Ayrshire & Arran and Greater Glasgow and Clyde, (Renfrewshire and East Renfrewshire). The aim is to expand the use of Home Health Monitoring and give patients a central role in the management of their disease, this will also assist health professionals in detecting early signs of any worsening of their condition, improving patient care. The significant benefit is centred around the empowerment of patients and enabling them to self-manage their condition by helping them recognize their symptoms and giving them the confidence to go about their daily lives.

How will we achieve it?

There are three different integrated telehealth service solutions being implemented in Scotland; one for each of the three chronic conditions. Scottish Partners will integrate and adopt locally familiar technologies including tablets and smart phones to enable digital health monitoring at scale. The Scottish integrated solution for Diabetes, as an example, uses My Diabetes My Way (MDMW). MDMW is already a key component of the diabetic service nationally across Scotland. Developed as a web based application to assist patients in the management of their diabetes by offering self-management tools and information as well as health coaching, the aim in United4health is to enable automatic upload of Home Blood Glucose readings to the website and a national Health Record systems called SCI DC. This will allow Healthcare professionals to access patient readings to enable care to be provided remotely and provide an integrated service for the patients and provides an innovative approach to educate and empowering patients and their families in diabetes care.

For further information on implementation of services within Scotland for COPD and Congestive Heart Failure please contact Michelle Brogan.

Who are we?

Scotland has an integrated healthcare system with all healthcare and community health services delivered by fourteen geographical health boards.

NHS 24, via the Scottish Centre for Telehealth and Telecare (SCTT) manages the implementation of United4Health into seven Community Health and Care Partnerships from three geographical areas within Scotland's National Health Service, as noted above. With the support of NHS 24, the three Health Boards will be responsible for the recruitment of patients and the implementation of the pilot interventions within the local areas.

NEXT MONTH



United4Health (2013-2015) aims to deploy and evaluate at scale innovative and targeted telehealth services in 14 regions across Europe concentrating on Diabetes, Chronic Obstructive Pulmonary Disease (COPD), Congestive Heart Failure (CHF) and Hypertension. The goal is to improve the patients experience, giving them a central role in the management of their long term condition with the use of remote monitoring.